



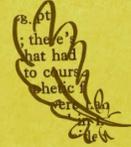
"Mindful teaching,
radical writing,
Real change."

THE *Mindful* CREATIVE WRITING TEACHER

offers a bold reimagining of how we teach and learn creative writing today. In this inspiring and practical guide, Francis Gilbert invites educators across all settings -- schools, universities, prisons, community centres -- to cultivate creativity, wellbeing, and critical reflection.

Blending mindfulness, social justice, and dynamic pedagogy, Gilbert moves beyond rigid workshop models to embrace storytelling, decolonisation, multimodal learning, dialogic feedback, and the emotional landscapes of writing. Through vivid case studies, poems, and hands-on activities, this book provides a powerful toolkit for teaching creative writing as a living, transformative act: for students, for teachers, and for the world.

Whether you're a seasoned tutor or just beginning your teaching journey, this book will help you nurture voice, ignite imagination, and teach writing with authenticity, empathy, and joy.



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Cover illustration by G. Cowley

