



### The Reading Room: User Guide

The Reading Room is a touring collaborative project. It is designed to collect, share and amplify the knowledge of people who are experts in addiction and recovery - those who live through it.

**Make your timeline**  
Use the string to link your milestones in the order they took place.  
Use the tags to contribute other milestones or obstacles (optional).

**Post your answers**  
...to the questions on the boxes.  
Use paper and pens provided.

**Browse And Input**  
Read more about the project.  
Input answers online.  
Look through other contributions (optional).

**Add Books to the Library**  
Suggest or contribute books that:  
- Have been meaningful to you.  
- Are connected to addictions or recovery.  
Write and attach a note on why you have contributed the book.

**Respond to Questions**  
Answer one or all of the cards.  
Place completed cards back in the box.

The Reading Room is part of Database Addiction 2.0, an arts research project led by York's arts organisation working with a project team (Jean Demers, Anita Ladue, Samantha Penn) and people with specialised knowledge of addiction and recovery. The project is funded by the Wellcome Trust.  
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**Obstacles - Milestones - Navigation - Triggers - Loss Gain - Toolkit - Knowledge - Information - Database**

